

ADMATHA

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Newsletter

1 December 2008

I have been marveling at the constantly changing colours and patterns of the sea – the same bit of sea is never the same on another day . I love the sea it always looks so inviting. So it is with sunsets Every sunset is different from any that I have ever seen before. Such amazing beauty every night. There is beauty all around us.

The work that we do in the services we provide is like this. Every day is so different – there is so much variety. So much challenge. So much beauty in each day. Caring for your loved ones is very meaningful work. This is the work we have chosen to do.

Christmas is approaching and we would like to invite you to a Christmas gathering with your loved one, the people he or she lives with and members of our staff team.

We invite you to afternoon tea and musical entertainment as follows:

Admatha Home:

Date: 17th December, 2008
Time: 2.30pm – 3.30pm

Avonlea Aroha, Ofa and Rudo

Date: 15th December, 2008
Time: 2.30pm – 3.30pm

Admatha Lodge:

Date: 18th December, 2008
Time: 2.30pm – 3.30pm

Avonlea Rest Home and C

Date: 16th December, 2008
Time 2.30pm – 3.30pm

We very much look forward to being with you at this time.

A few reminders:

Hip protectors

We are encouraging all residents who are mobile to wear hip protectors (see enclosed pamphlet). These reduce the incidence of hip fractures markedly. If you would like staff to order these for you, please talk with the registered nurse. We will measure, order and then charge you via your invoice.

We give very special care to people with dementia.



Secure gates and doors

Please take care and ensure any secure gates or doors you go through are secured behind you. Also, make sure that nobody goes out the gate or door with you. This is very important.

Sunhats

Please make sure your loved one has a sun hat for these sunny months.

Taking a resident out

If you are taking a resident out of their home, please make sure you have told a staff member and that you have written in the resident in/out book.

Website and Blog

We have now got a new website up and running. There is still some work to do but take a look at www.admatha.co.nz or www.avonlea.co.nz Included on this site there is a blog. This is just another way we can communicate with each other. I will be letting you know what we are doing on a regular basis via this blog site.

Email address

If you are a person who checks your email regularly then we would very much like to have your email address on our files. Please email the operations manager if you would like us to have this at len@admatha.co.nz or avonlea.rh@xtra.co.nz as appropriate

Naming of clothes

If you are giving clothes for Christmas, please ensure they are machine washable and able to go through the drier. It is also very important that all clothing is clearly named (not just initialed). Sewn on printed clothing labels work by far the best.

Christmas Day

Please can you let the registered nurse know if you are planning to take your family member out on Christmas Day by 22 December – time of picking up and return would be very helpful. That way we can have your family member ready for you to pick up. Please remember to check if there are medications to take with you.

I hope to meet up with you at our Christmas gatherings, but in case I don't see you, I would like to take this opportunity of wishing each of you a very happy and meaningful Christmas.

With love

Alison Hume